



Client: Carol Clark, Affiliate Marketer [Co-Creating Health]

Task: To write unique blog, slogans, and create slides optimized for the Web

Web: <http://co-creatinghealth.com/blog/>

Here are various blog ranking and slide show statistics' screen shots taken last year for the client. Also, you can view the EMV (Emotional Marketing Value) of headlines I wrote or used for the site's promotional or sales copy.

Blog:

These are taken on August 3rd and August 25th of year 2009

Web [Mga Larawan](#) [Groups](#) [Mga Blog](#) [Pagsasalin](#) [Directory](#) [Gmail](#) [higit pa](#) ▼



can insomnia make you ugly?

Maghanap

[Masusing Paqhahanao](#)
[Mga Kagustuhan](#)

Hanapin sa: web mga pahina sa Filipino mga pahina mula sa Pilipinas

Web

Resultang 1 - 10 sa halos 137,000 para sa can insomnia make you ugly? .

[INSOMNIA IS MAKING YOU UGLY - Sleep Disorders - Zimbio](#) - [[Isalin ang pahinang ito](#)]

Diabetes — OK, being diabetic may not **make you ugly**, but if **you're** single and dating, it could raise a caution flag! Inadequate sleep **can** prevent the proper ...

www.zimbio.com/.../INSOMNIA+IS+MAKING+YOU+UGLY -

[Naka-cache](#) - [Mga katulad na webpage](#)

[When Insomnia Means Being Ugly | Natural Sleep](#) - [[Isalin ang pahinang ito](#)]

Does it **make you ugly**? No. But if **you** are single and ready to mingle, it's a read flag for **you**! All those late night parties **can** wreak havoc to the ...

co-creatinghealth.com/.../when-insomnia-means-being-ugly/ -

[Naka-cache](#) - [Mga katulad na webpage](#)

[PDF] [How Insomnia Make You Ugly](#) - [[Isalin ang pahinang ito](#)]

File Format: PDF/Adobe Acrobat - [Tingnan](#)

How **Insomnia Make You Ugly**. I have a friend who wants to get her chin tucked ... And even if **you can** still function, **you** might be torturing your comrades! ...

articles.exospy.com/pdf/article-32024.pdf - [Mga katulad na webpage](#)

[How Insomnia Make You Ugly | PLR Health Content](#) - [[Isalin ang pahinang ito](#)]

How **Insomnia Make You Ugly**. By CallieMay | April 13, 2008 ... And even if **you can** still function, **you** might be torturing your comrades!) Emotional wreck — ...

health-content.com/.../how-insomnia-make-you-ugly/ - [Mga katulad na webpage](#)

PAGE ONE IN GOOGLE

[Does Stress And **Insomnia** Go Hand In Hand?](#) - [[Isalin ang pahinang ito](#)]

Does Stress And **Insomnia** Go Hand In Hand? **You** must have heard the saying; we are residing in an **ugly** world. It **can** often feel that way in our daily lives. ...

www.sensely.com/.../does-stress-and-insomnia-go-hand-in-hand - Naka-cache - [Mga katulad na webpage](#)

[How **Insomnia** Make You Ugly](#) - [[Isalin ang pahinang ito](#)]

How **Insomnia** Make You Ugly. Add to: Mr. Wong Add to: Webnews Add to: Icio Add to: Oneview Add to: Kledy.de Social Bookmarking Add to: FAV! ...

www.postarticles.net/article_116228.html - [Naka-cache](#) - [Mga katulad na webpage](#)

[When **Insomnia** Means Being Ugly | Natural Sleep](#) - [[Isalin ang pahinang ito](#)]

On the outside, it **can** really **make you ugly**. ... Five Myths About Sleep and **Insomnia** ... 10 Ways to Get Better Sleep (and Maybe Cure Your **Insomnia**) ...

digg.com/.../When_Insomnia_Means_Being_Ugly_Natural_Sleep - Naka-cache - [Mga katulad na webpage](#)

[Certirizine **Insomnia**: The Good and the Ugly](#) - [[Isalin ang pahinang ito](#)]

Certirizine **Insomnia**: The Good and the **Ugly**. If **you** suffer from allergies and are taking Certirizine and find your self not sleeping or with a case of ...

www.abouthomeremedies.com/insomnia/...your.../insomnia.../certirizine-insomnia-the-good-and-the-ugly/ - [Naka-cache](#) - [Mga katulad na webpage](#)



how to cure insomnia without pills

Maghanap

[Masusing Paghahanap](#)
[Mga Kagustuhan](#)

Hanapin sa: web mga pahina sa Filipino mga pahina mula sa Pilipinas

Web

Resultang 1 - 10 sa halos 1,590,000

[How To Cure **Insomnia** Without Pills](#) - [[Isalin ang pahinang ito](#)]

22 Jul 2007 ... Suffer from **insomnia** or sleep disorders? Now you can promote fast, safe, and deep sleep – like you experienced when you were a child ...

www.buzzle.com/.../how-to-cure-insomnia-without-pills.html - [Naka-cache](#) - [Katulad](#)

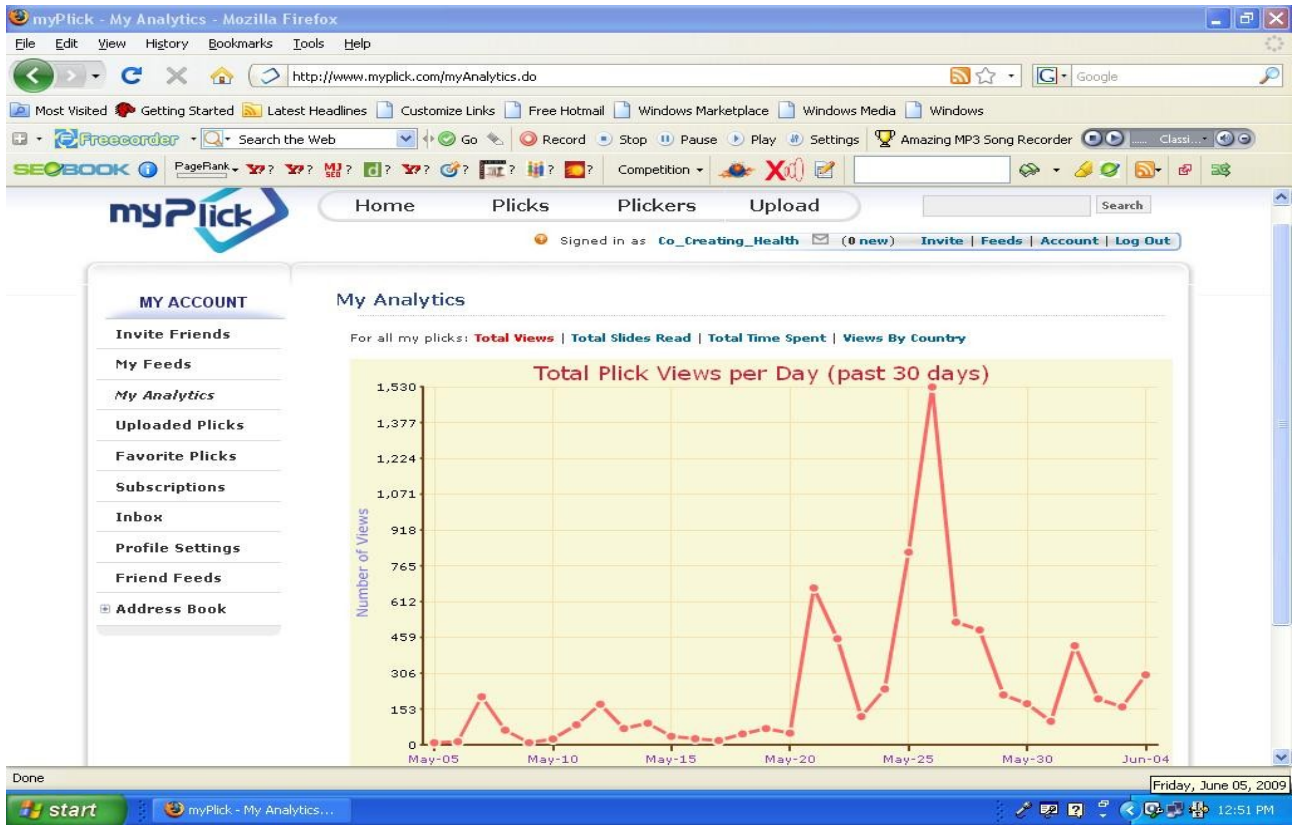
[How to Cure **Insomnia** without Pills](#) - [[Isalin ang pahinang ito](#)]

23 Jul 2009 ... **Insomnia** afflicts many people and there are many ways to get quality sleep **without** taking sleeping pills. You have an alternative, safe, ...

www.myplick.com/.../How-to-Cure-Insomnia-without-Pills - [Naka-cache](#) - [Katulad](#)

Slide Shows:

These are taken from May to July year 2009



The screenshot shows the 'My Uploaded Plicks' page. It lists six uploaded slide shows, all from May 25, 2009. Each entry includes a thumbnail, title, view count, comment count, average view time, and average watch time. The top-performing slide show is 'Bariatric Surgery for Weight Loss?' with 481 views and a 1st page ranking on Google.

Title	Views	Comments	Avg. viewed	Avg. watched	Ranking
Food Cravings: Give Up or Give In?	330	0	5:15	00:16	1st (1st page) on Google
Bariatric Surgery for Weight Loss?	481	1	5:15	00:19	1st (1st page) on Google
Healthy Diets that Work	330	0	6:17	00:17	5th (1st page) on Google
Zeolites: Heavy Metal Cleanser	92	0	6:16	00:41	Plick is not yet ranked on Google
Health Benefits of Sugar-Free Energy Drink	136	0	6:17	00:17	2nd (1st page) on Google
Stop Compulsive Over-Eating!	53	0	6:17	00:17	Plick is not yet ranked on Google

myPlick - My Uploaded Plicks - Mozilla Firefox

File Edit View History Bookmarks Tools Help

http://www.myplick.com/myPlicks.do?page=2&total=5







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Freeorder Carol Clark Go Record Stop Pause Play Settings Amazing MP3 Song Recorder

SEOBOK PageRank MJ SEO Competition

Friend Feeds

Address Book

	L-Arginine for a Healthy Heart Views: 69 Comments: 1 Avg. viewed 5/5 slides Avg. watched 00:41 Share Twitter	Uploaded: May 25, 2009 Published: May 25, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Astaaxanthin: Your Red Super Antioxidants Views: 307 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:14 Share Twitter	Uploaded: May 25, 2009 Published: May 25, 2009 Slide processing completed Plick ranks 1st (1st page) on Google	Edit Upload Audio Browse Music Remove
	Spirulina Super Food Views: 170 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:16 Share Twitter	Uploaded: May 22, 2009 Published: May 22, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Coenzyme Q10 and Cardiovascular Health Views: 84 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:16 Share Twitter	Uploaded: May 22, 2009 Published: May 22, 2009 Slide processing completed Plick ranks 2nd (1st page) on Google	Edit Upload Audio Browse Music Remove
	Acai Berry: Perfect Health Food Views: 353 Comments: 0 Avg. viewed 7/7 slides Avg. watched 00:14 Share Twitter	Uploaded: May 22, 2009 Published: May 22, 2009 Slide processing completed Plick ranks 1st (1st page) on Google	Edit Upload Audio Browse Music Remove
	Choosing the Best Olive Oils for Health Views: 55 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:16 Share Twitter	Uploaded: May 22, 2009 Published: May 22, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove

Done

start myPlick - My Uploade... My Plick Rank Friday, June 05, 2009 12:43 PM

myPlick - My Uploaded Plicks - Mozilla Firefox

File Edit View History Bookmarks Tools Help

http://www.myplick.com/myPlicks.do?page=4&total=5









Most Visited Getting Started Latest Headlines Customize Links Free Hotmail Windows Marketplace Windows Media Windows

Freeorder Go Record Stop Pause Play Settings Amazing MP3 Song Recorder

SEOBOK PageRank MJ SEO Competition

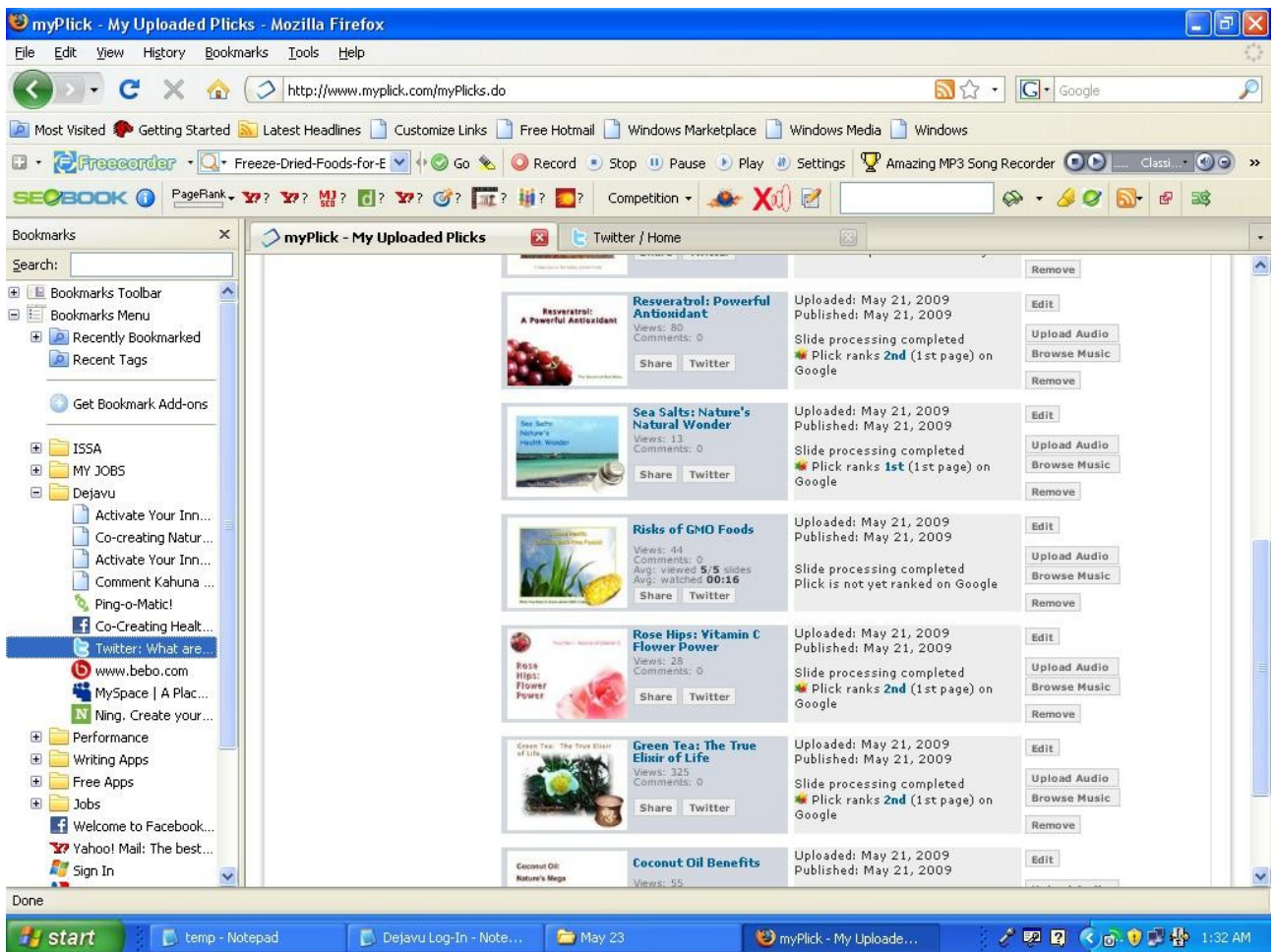
Friend Feeds

Address Book

	Yang Yang Adds Passion Views: 92 Comments: 0 Avg. viewed 7/7 slides Avg. watched 00:22 Share Twitter	Uploaded: May 12, 2009 Published: May 12, 2009 Slide processing completed Plick ranks 1st (1st page) on Google	Edit Upload Audio Browse Music Remove
	Tea Tree Oil: Natural Skin Care Views: 102 Comments: 0 Avg. viewed 7/7 slides Avg. watched 00:22 Share Twitter	Uploaded: May 12, 2009 Published: May 12, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Rosemary Essential Oil for Healing Views: 68 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:16 Share Twitter	Uploaded: May 12, 2009 Published: May 12, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Pure Jojoba Oil Views: 65 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:16 Share Twitter	Uploaded: May 12, 2009 Published: May 12, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Marjoram Essential Oil for Your Pain Views: 63 Comments: 0 Avg. viewed 4/6 slides Avg. watched 00:14 Share Twitter	Uploaded: May 11, 2009 Published: May 11, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Frankincense Essential Oil for Bliss Views: 72 Comments: 0 Avg. viewed 5/5 slides Avg. watched 00:14 Share Twitter	Uploaded: May 11, 2009 Published: May 11, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove
	Organic Whey Protein Views: 242 Comments: 0 Avg. viewed 6/6 slides Avg. watched 00:25 Share Twitter	Uploaded: May 07, 2009 Published: May 07, 2009 Slide processing completed Plick ranks 10th (2nd page) on Google	Edit Upload Audio Browse Music Remove
	Peppermint Oil-Natur Views: 0 Comments: 0 Avg. viewed 0/0 slides Avg. watched 00:00 Share Twitter	Uploaded: May 07, 2009 Published: May 07, 2009 Slide processing completed Plick is not yet ranked on Google	Edit Upload Audio Browse Music Remove

Done

start myPlick - My Uploade... My Plick Rank Friday, June 05, 2009 12:48 PM

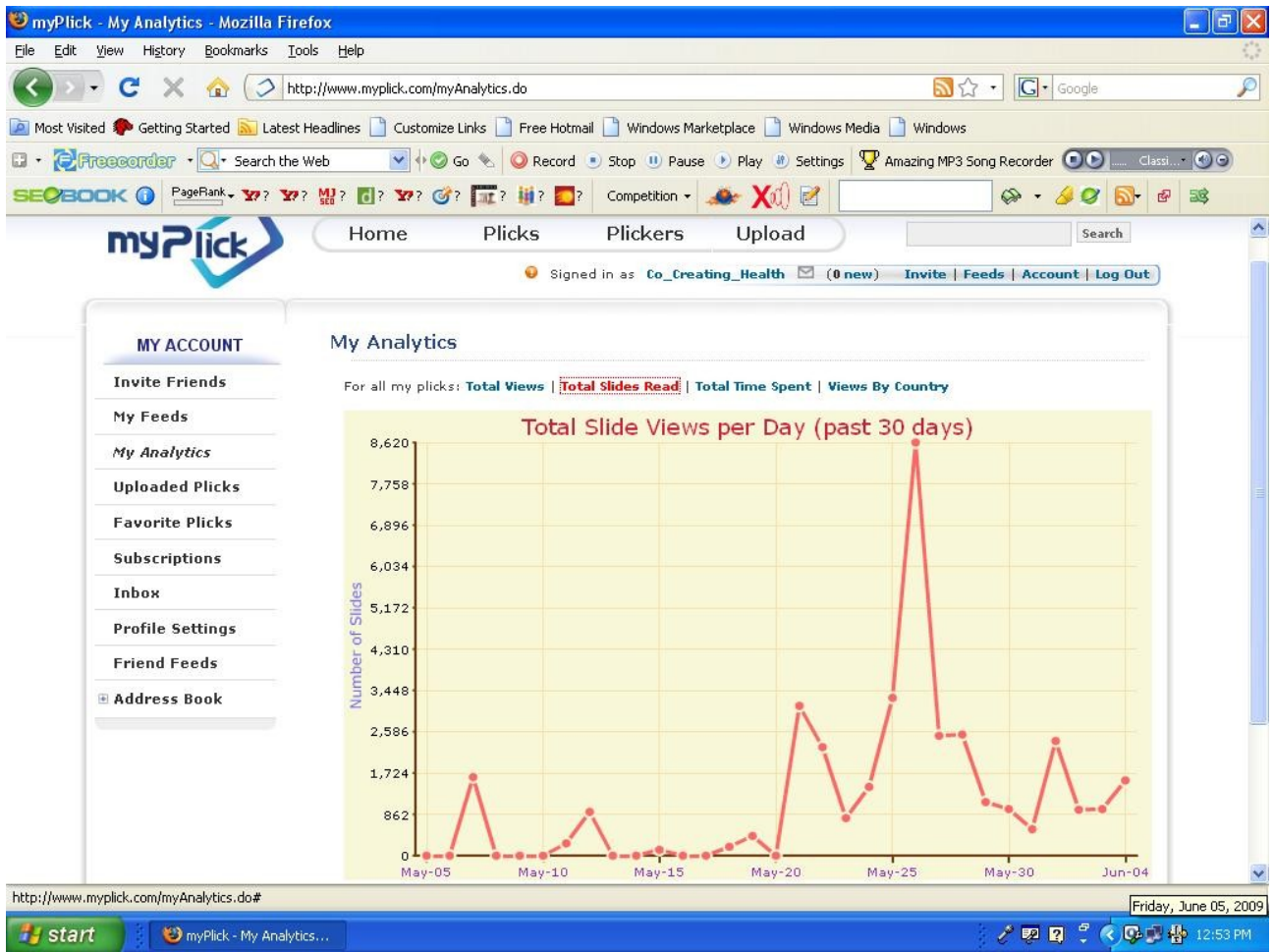


Google [Masusing Paghahanap](#) [Mga Kaayustuhan](#)
 Hanapin sa: web mga pahina sa Filipino mga pahina mula sa Pilipinas

Web Resultang 1 - 10 sa halos 1,010,000 para sa **acai berries perfect food** . (0.31 segundo)

- [Lose Weight With Acai Berry at Acai Berry Insight](#) - [[Isalin ang pahinang ito](#)]
 13 Dec 2008 ... **Acai Berry** - The Perfect Food? ... **Acai berries** are a natural food that offers a great way to rejuvenate your body and lose weight in the ...
[acaiberryinsight.com/](#) - [Naka-cache](#) - [Mga katulad na webpage](#)
- [Acai Berry Perfect Food](#) - [[Isalin ang pahinang ito](#)]
Acai berry supplements provide powerful antioxidants that help in body cleansing and safe fast weight loss. Dieting with **acai** will assist you in fat loss ...
[acaiberryperfectfood.com/](#) - [Naka-cache](#) - [Mga katulad na webpage](#)
- [Acai Berry Perfect Food For Diet And... at Kaboodle](#) - [[Isalin ang pahinang ito](#)]
 Kaboodle - Find **Acai Berry Perfect Food** For Diet And... using Kaboodle lists. List items include **Acai Berry Perfect Food** For Diet And Diabetes Control, ...
[www.kaboodle.com/.../acai-berry-perfect-food-for-diet-and-diabetes-control.html](#) - [Naka-cache](#) - [Mga katulad na webpage](#)
- [Acai Berry: One of Nature's Perfect Foods](#) - [[Isalin ang pahinang ito](#)]
 30 Apr 2009 ... Increase your energy levels, boost your immune system, lose weight, and so much more. The **acai berry** is truly awesome!
[www.healthmad.com/.../Acai-Berry-One-of-Natures-Perfect-Foods.682869](#) - [Naka-cache](#) - [Mga katulad na webpage](#)
- [Acai Berry Perfect Health Food - SlideBoom](#) - [[Isalin ang pahinang ito](#)]
 This superfood is more than just your typical cancer cure.
[www.slideboom.com/.../Acai-Berry--Perfect-Health-Food](#)

→ Optimized Slide Show for a Client



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